



2019 ANNUAL REPORT

CEMPA COMMUNITY CARE



OUR PURPOSE

To improve the health and well-being of the people and communities that we serve by ensuring access to compassionate, quality, and culturally-sensitive preventive and primary health care services.

To establish and coordinate prevention and educational activities available to the general population and particularly to groups experiencing disproportional health disparities.

To provide comprehensive healthcare services, regardless of their ability to pay, to uninsured and underinsured individuals experiencing limited access of care.

COMPASSION • EMPOWERMENT • EXCELLENCE • INTEGRITY • UNITY



**Our mission is to champion
healthy communities
through compassionate
and responsive delivery of
education, health, social, and
advocacy related services.**

**LEADING THE CULTURAL MOVEMENT TO
PREVENT AND CURE INFECTIOUS DISEASE.**



2018–2019

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Board Member



Dear friends,

As I look back on 2019, I am inspired by our remarkable growth at Cempa Community Care. With the help of a strong community of donors, board members, volunteers, partner agencies, and staff we have come together to champion a healthier community. Compassion. Empowerment. Excellence. Integrity. Unity. We champion real change for healthcare in our community, by upholding these values, formed around the following principle: Improving Health, Inspiring Change.



Our commitment to underserved populations of Southeast Tennessee has been broadened as we continue to expand our programs and services to fulfill an unmet need in our community. “Cempa LOI”, the Latino Outreach Initiative, was established to develop prevention strategies for our area's LatinX communities. Cempa also launched the first “Faith-Based Health & Wellness Symposium” to address needed infectious disease education and testing for the minority population.

This year we commemorated the one-year anniversary of our Syringe Trade & Education Program of Tennessee (STEP TN). Dozens of community partners celebrated with us at our Impact Reveal, as we shared the top five takeaways, the encouraging results from our first year, and how we are confronting the underlying community health concerns created by the opioid epidemic.

Our organization continues to make immense advances in combating the HIV epidemic. Nationally, the average for HIV suppression is 59.8%, but Cempa Community Care has reached a 92% viral suppression – a milestone in the prevention of the spread of HIV. Cempa has increased the number of Support Service staff to meet the growing demand in social and housing services. Over the summer, the Cempa Mobile Clinic launched to increase access and provide care for our rural patients.

On behalf of our Board of Directors, staff, and those we serve, thank you for your continued support. Together, we can continue to **#ImproveHealth** and **#InspireChange** in our community.

A handwritten signature in black ink, reading "Shannon Stephenson". The signature is fluid and cursive.

Shannon Stephenson

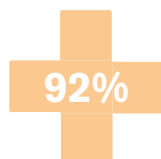
CLINIC SERVICES

OUR SERVICES

The Cempa Community Care Clinic offers a full range of services including:

- Primary & infectious disease care for individuals living with HIV
- Complete physicals & exams
- Laboratory services
- Health care education
- Immunizations & vaccinations
- Mental health counseling
- Adherence counseling
- Nutritional counseling
- Hepatitis C testing & treatment
- PrEP services

PROGRAM IMPACT



Viral load suppression rate



Clinic visits

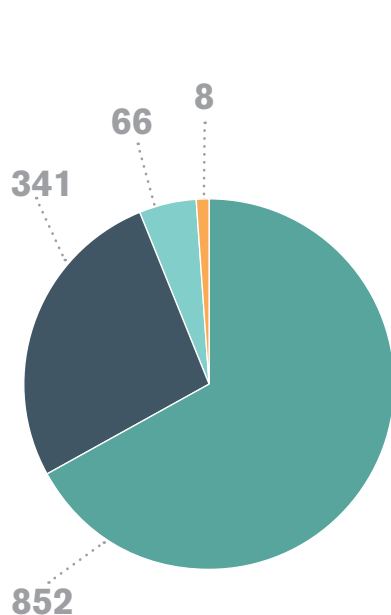


Number of clients provided with PrEP



Number of clients provided with RAPID Start

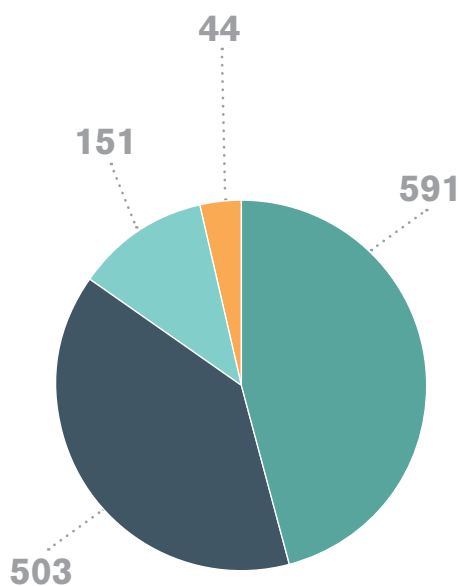
OUR CLIENTS



Race Distribution amongst Cempa Community Care*



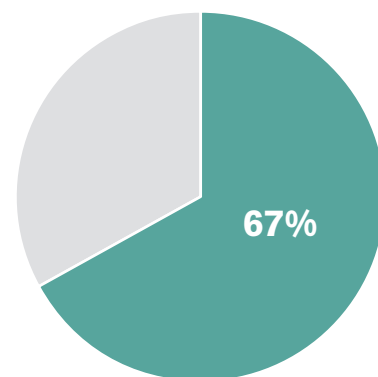
*Not depicted: 3 American Indian, 6 more than one race, 22 unreported



Age Distribution amongst Cempa Community Care*



*Years old patients



200% Below Federal Poverty Level

CONSUMER ADVISORY BOARD

By joining the Consumer Advisory Board, or CAB, clients shaped the future of our organization's client services, programs, and events. The CAB meets the 2nd Tuesday of every month to discuss new and fun programs and events for our clients including Movie Nights and the Client Summer Retreat.



CLIENT SUMMER RETREAT

On June 11th, Cempa's Client Advisory Board sponsored this year's summer retreat at Six Flags Over Georgia. Outreach activities, such as the retreat, allow clients time to get to know one another outside of a medical facility.



CEMPA AT ETSU CENTER OF EXCELLENCE

Cempa Community Care also serves clients in Northeast Tennessee by partnering with ETSU Center of Excellence. Services offered include the Syringe Trade & Education Program of Tennessee (STEP TN). STEP TN in Johnson City served over 550 clients and provides referrals to community services, primary care, and HIV Prevention treatment (PrEP). ETSU had 56 new clients for PrEP and includes medical provider visits with routine STI testing, on-site health navigator engagement and follow-up, an on-site pharmacy, and support for referrals for community services.



SUPPORT SERVICES

Support Services coordinates a comprehensive continuum of care that encompasses social support necessary to assist clients in obtaining optimum care including:

- Visual & Dental Services
- Behavioral Health Referrals
- Food Assistance
- Insurance Assistance
- Housing Assistance
- Transportation Coordination
- Medical Case Management
- Support Groups



1,298
total number of clients



2,108
visits to the Cempa
food market



507
clients received
housing assistance



80,475
pounds of food



199
clients received
dental assistance



270
mental health visits



373
clients visited dietitian



1,235
medical case
management visits



1,437
transportation assistance

CEMPA FOOD MARKET



Not only did the Cempa Food Market get a fresh, new look, the Cempa Food Market provided over 80,000 pounds of food to HIV clients, including fresh fruits and vegetables, dairy products, and other nutritious options to promote a healthy lifestyle.

“Thanks so much for everything you & Cempa does for our community. You are very much appreciated. BTW, I am still doing good in my recovery visits and as of July 23rd I will be clean and sober for 6 months.”

A letter from a client to one of our case managers



PREVENTION EDUCATION & OUTREACH



6,604
HIV tests



3,599
STI tests



853
Hepatitis C tests



Faith-Based Health & Wellness Symposium

With the help of Tennessee Department of Health grant funds, and in partnership with the Southeast Tennessee Health Consortium, Cempa launched the first Faith-Based Health & Wellness Symposium on January 26th, to combine education and testing for the minority populations in the inner city. Cempa's Prevention, Education & Outreach team offered "Cempa TALKS" through an interactive and innovative approach by teaming up with Chattanooga's urban faith-based communities and churches. "Cempa TALKS" is designed to educate the community about imperative HIV and STI facts, explaining the vast benefits of getting tested and dispelling any misunderstandings around HIV and STIs.



Afternoon Delights (African American Outreach)

On April 27th, Cempa Community Care launched its "Afternoon Delights" event for the community. This Brunch + Bubbles event saw many women of color coming together as mothers, daughters, sisters, and friends to talk about their sexual health in a safe and supportive environment.



Neighborhood Workout Jam Sessions

In Spring 2019, Cempa's Minority Outreach team launched the "Neighborhood Workout Jam Sessions" in Chattanooga to encourage healthy and active lifestyles for Chattanooga's minority community. Combined with hip hop music and fun workouts, the "Neighborhood Workout Jam Sessions" have drawn over 1,000 attendees for a total of six workouts since March 2019.



March 2019 marked the one-year anniversary of Cempa Community Care's Syringe Trade & Education Program of Tennessee, known as STEP TN. In its first month, STEP TN served 7 participants and by the end of June, served almost 1,200 participants. STEP TN celebrated its top takeaways with local community partners at its STEP TN Impact Reveal on April 3. Over 20 community partners gathered together to celebrate the major milestones and achievements of this harm reduction program.

1. WE BUILT TRUST

Which means our client list grew.

The success of a program like STEP TN hinges upon our ability to build trust with clients — to the point they share the information with others they know who are in need of our services. In March 2018, we served 7 clients. This year, we had served almost 1,200 people in Hamilton and Washington counties.

2. WE IMPROVED PUBLIC HEALTH

Safe syringe disposal means reducing the number of syringes discarded in public places.

Ready for the numbers? Over the course of the past year, we safely discarded 198,886 used syringes and distributed 233,997 clean syringes.

3. WE EDUCATED

Every client learns about overdose and disease prevention.

We distributed 1,179 naloxone kits* and over 1,100 pamphlets about HIV and hepatitis prevention, drug abuse prevention, and more. (*Naloxone is a drug that can reverse the effects of an opioid drug overdose by helping a victim breathe on his or her own.)

4. WE OFFERED ANCILLARY SERVICES

STEP TN clients benefited from additional health screenings and vaccinations.

By building trusting relationships with STEP TN clients, we were able to provide a number of HIV and HCV screenings, as well as hepatitis A vaccinations, to those who sought care.

5. WE LEARNED

STEP TN is more than a needle exchange program.

It's an entry point to improved holistic health. While we can't say how many, a number of clients sought mental health and drug rehabilitation services.

233,997
clean syringes provided

198,886
syringes were returned

1,039
new clients

307
PrEP engagements

84,420
condoms distributed

Increased the number of
used syringes collected in
a year by **6x**.

FUNDRAISING EVENTS

hosted by the Chattanooga CARES Foundation

ARTS FOR CARES

The local art community has supported those facing the challenges of HIV for many years. On September 22nd, the Chattanooga CARES Foundation continued this tradition by bringing together some of the area's finest performing and visual artists at the 3rd Annual Arts for CARES black-tie event. Artists made it a delightful evening in Paradiso e Inferno with performances from Ballet Tennessee, The Pop-up Project, Billy Anne Crews, Joylene Kara, and a classical quartet featuring Hannah Kuhn Bleasdale. Works of art were presented by prominent African American Artists Hameed Benjamin, Larry Poncho Brown, Curtis James, Keith Mallet, Donovan McLean, Frank Morrison, and David Wilson who's original works were graciously contributed from a private collection.



STRIDES OF MARCH

The community came together on a beautiful, sunny afternoon at Renaissance Park for Cempa's 24th Annual Strides of March. Hundreds of people came together to celebrate the strides we have made in the fight against HIV. Strides of March kicked off a memorial walk with a live performance from Brainerd High School Drumline and those attending enjoyed music from DJMC PRO and amazing ales provided by Heaven & Ale.



DINING OUT FOR LIFE

Making a difference is as easy as going out to eat! On June 20th, local restaurants partnered with Cempa to support the fight against HIV in the Tennessee Valley. The 9th Annual Dining Out for Life benefited those throughout our area that are affected by HIV. Several local restaurants donated a percentage of its sales to support Cempa's nutrition assistance program. Proceeds from Dining Out for Life were dedicated to purchasing fresh fruits and vegetables for the Cempa Food Market.



OUR PARTNERS

THANK YOU TO OUR EVENT SPONSORS

For over 30 years, champions in our community have made it possible for Cempa Community Care to lead the cultural movement to prevent and cure infectious disease. Thank you for your continued support.



1885

American Exchange

Athens Distributing

Automation Personnel Services

BCBS of TN Community Trust

Beast & Barrel

Big Chill

Brewhaus

Chambliss Law

Chattanooga Times Free Press

Curant Health

CVS Health

Easy Bistro

Empire Distributors of TN

EPB

Erlanger

Express Employment

FEED Table & Tavern

First Tennessee Foundation

Flowers by Gil & Curt

Flying Squirrel

Franklin Architects

Frothy Monkey

Gilead Sciences, Inc.

Heaven & Ale Brewing

Hour Place Restaurant

Il Primo Cambridge Square

Il Primo Riverview

Lass & Lions

Logically

Lynch Sales Company

Main Street Meats

Mayan Kitchen

NPS Pharmacy

Our Lady of Perpetual Help Church

PathGroup

PayPro

Public House

Sing It or Wing It

SmartBank

Southern Star Restaurants

St. Marks United Methodist Church

Tito's Handmade Vodka

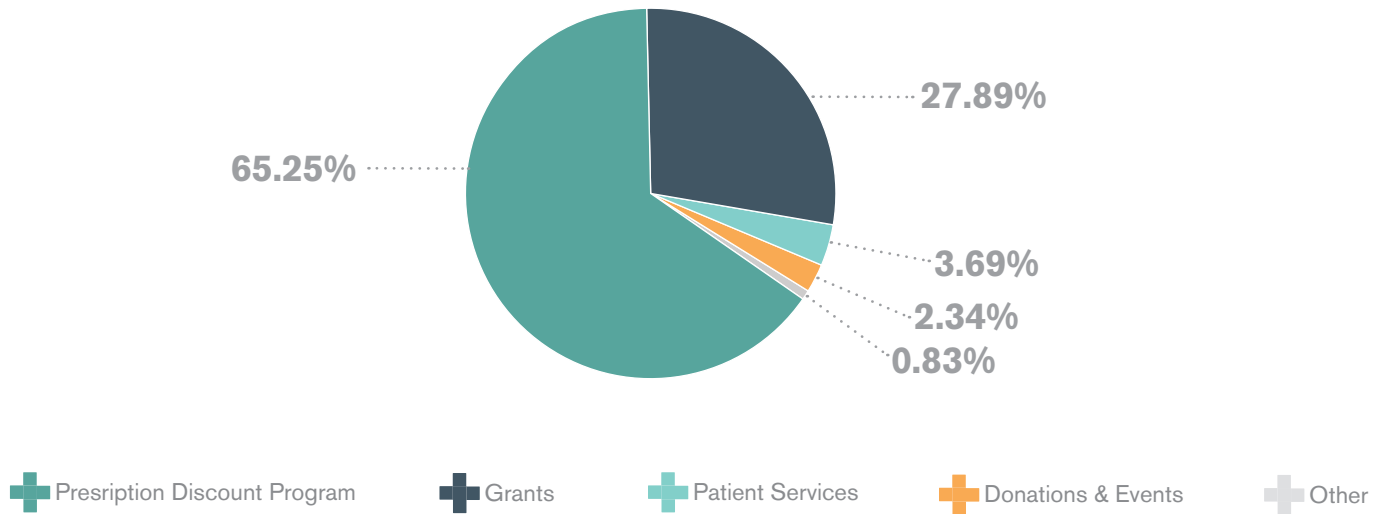
Tremont Tavern

Universal Joint

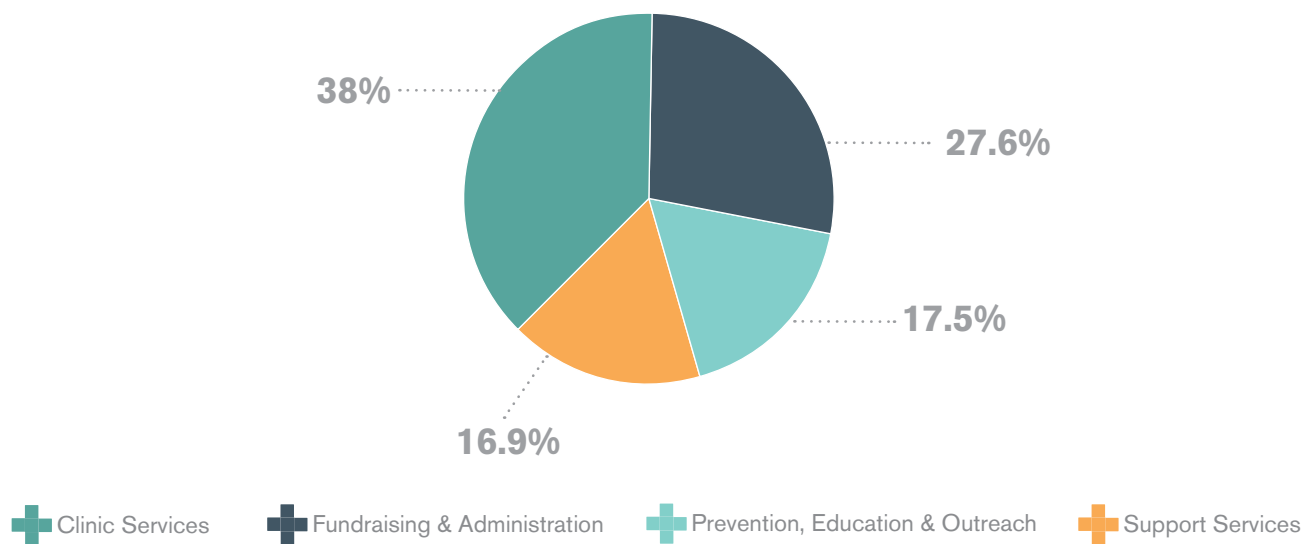
Thank you to our donors and supporters who help us improve health and inspire change in our community. To view our 2019 donors, please visit our website at www.cempa.org.

FINANCIAL OVERVIEW

SUPPORT & REVENUE



EXPENSES



PROFIT & LOSS STATEMENT

Revenue **\$7,350,475.13**

Expenses **\$6,209,294.08**

Net Income **\$1,140,948.94**

*Numbers do not reflect audited financials.

OUR DONORS

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OUR DONORS

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Danielle Pelton	Lindsay Simon	Marylee Wahl	

We are proud of our staff for contributing over \$13,000 to support Cempa Community Care. Our staff are true Cempa Champions who are making our community a better place.

